

Health E-Magazine

OCTOBER 2025

IN THE **HEART OF** CRISIS, WE NURTURE HOPE.

> Where tiny lives fight big battles -Stories of hope & healing from our Pediatric ICU.



FEMCITY HOSPITAL October, 2025

An 8 day old pre term baby weighing only 1.5 kg was rushed to Femcity.

The baby had:

- No urine output for over 24 hours
- Non recordable blood pressure
- Weak pulse, poor breathing, and seizures
- A serious blood infection (sepsis)



TINY YET MIGHTY JOURNEY OF A PRETERM BABY WITH MULTI ORGAN FAILURE

Our NICU team sprang into action with necessary actions.

- Immediate fluid resuscitation
- Mechanical ventilator support
- Critical medications (4 inotropes)
- Emergency peritoneal dialysis
- 24/7 monitoring in our advanced level III NICU

Thanks to the expertise of our neonatologists, pediatric surgeons, and the unmatched coordination of our emergency & NICU team, the baby's life was saved, recovered & discharged at 20 days!

Swift action and advanced care. a miracle made possible at Femcity Hospital.

Because every tiny heartbeat deserves a fighting chance.

FEMCITY HOSPITAL

October,2025

Case of

NEPHROTIC SYNDROME

At Femcity hospital, our expert pediatric team took on a critical case of a 9-year-old child battling Steroid Resistant Nephrotic syndrome (SRNS) & diagnosed Type 1 Diabetes Mellitus.

Young Master Mohammed Baqar arrived with seizures lasting 40 minutes, severe body swelling, fluid in lungs and dangerously high blood sugar levels (over 600mg/dl).

Thanks to swift diagnosis by our Pediatric Endocrinologist, and the care of our consultant pediatricians and critical care team, we prevented life threatening complications like DKA, kidney failure and coma.

Equipped with state-of-the-art diagnostic tools, pediatric superspecialities, and round-the-clock care, Femcity's level III NICU & PICU ensures no time is lost when children need us most.



When it comes to complex pediatric care, trust experience. trust Femcity.



Discharged only in 18 days

How did we do it?

- Early prenatal nutrition
- Strict aseptic NICU protocols
- Expert neonatologists, pediatricians & meticulous nursing care made it possible to discharge the babies wihout any comorbidities & with no associated infections.

PRE-TERM TWINS WITH MULTIPLE PREMATURITY COMPLICATIONS

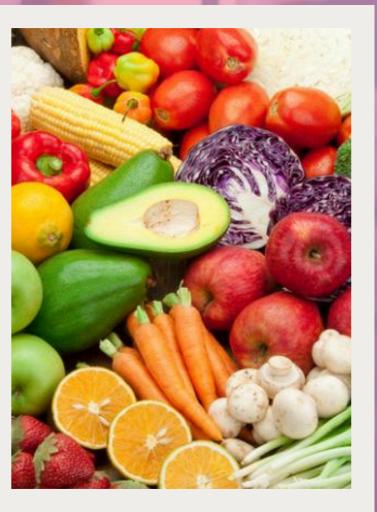


Kudos to the entire team with whom it is possible to make these things happen!



IN THE SCIENCE OF HEALING,

with a touch of play.



PLAY THERAPY

In our Pediatric ICU, we understand that children need more than just medical care during critical times. That's why we have introduced Play Therapy to support their emotional and psychological well-being. Play helps children express themselves, cope with stress, and find comfort even in the most challenging situations. It not only reduces anxiety but also promotes faster recovery by creating a sense of normalcy and joy within the ICU environment.

NUTRITIONAL THERAPY

We strongly believe that nutrition is the cornerstone of healing. At our hospital, every child's diet is carefully planned and monitored by experts to ensure they receive the right balance of nutrients. Good nutrition strengthens immunity, supports healthy growth, and plays a vital role in recovery from illnesses. By combining medical care with personalized nutrition therapy, we aim to give every child the best foundation for lifelong health and well-being.